



MINOR PATIENT INTERVIEW POLICY

Applicable Once PT is 13 yr or Older

Obstetrics & Gynecology

AT THE WOMEN'S HEALTH GROUP, we provide routine health care for teens and young women. We want to work with you and your daughter to meet all her health care needs: ***physical, mental and emotional***. Our practice goal is to provide **comprehensive gynecologic care to teens and their families**.

As teens begin to develop into adults and take more responsibility for their lives, we ask for more input from them about their health. As part of comprehensive health care, after age 13, when the patient agrees, it is our practice to ask parents to wait outside for part of the interview and encourage your daughter to discuss her own view of the problem. Talking to teens without the parent also gives teens a chance to ask questions or give information they may feel self-conscious about. Teens often have questions or concerns that they may feel embarrassed to talk about in front of their parents. Many teenagers and young adults experiment with high-risk behaviors that can lead to serious problems.

State of Oklahoma High School Students Survey*

- **42% of heterosexual HS students have had sexual intercourse**
- **>5% have been physically forced to have sexual intercourse**
- **55-63% have had at least one drink of alcohol**
- **>17% rode with driver who had been drinking**
- **>25% feel sad or hopeless**
- **>36% tried smoking**
- **>30% have used marijuana**

Some teenagers may hide their behavior so parents are not the first to find out. It is important to give our daughters enough freedom to grow but not so much that they get involved in the wrong activities. Our goal is to help identify these problems **before** they become too big and to help prevent them. To do this we must give them a reason to trust us. Thus, we ask parents to leave for part of the physician and patient interview for confidentiality and to build trust with your daughter. We also encourage the teen to discuss important issues with her parents. It is important to know that if your daughter is doing anything to hurt herself or others, or if someone is hurting her, we will be forced to break confidentiality.

The nursing staff wants to work with you to help teens and young adults make the best choices for a healthy future and are always available to discuss health problems or questions. It is our routine to call your daughter first with results of all communicable diseases in accordance with Oklahoma Law. Please be sensitive to our policy so that we can follow the law. In the state of Oklahoma:

A Minor May Consent to Sexually Transmitted Infection Testing and Treatment
A Minor May Consent to HIV Testing and Treatment
Physician Is NOT REQUIRED To Inform Parents

I have read the above and understand the information above.

Signature of Parent/Legal Guardian

Date Signed

Print Patient Name: _____ **Patient DOB:** _____ **Age:** _____

*Oklahoma, High School Youth Risk Behavior Study, 2017